

November 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
STRIPE WEEK #1	31 STRIPE WEEK #1	1 STRIPE WEEK #1	2 STRIPE WEEK #1	3 STRIPE WEEK #1	4 STRIPE WEEK #1	5 STRIPE WEEK #1	
CLOSED		BLACK BELT TEST REVIEW	BASICS	COMBINATIONS	SELF- DEFENSE	SPARRING	
		WEAPON- KAMAS	WEAPON - BO	WEAPON - SAIS		COMPETITION CLASS	
						XTREME TRICK CLASS	
6 CLOSED	7	8	9	10	11	12	
		FORMS	BASICS	BLACK BELT TEST REVIEW	SELF-DEFENSE	FORMS	SPARRING
		SPARRING	WEAPON- CHUX	WEAPON - KAMAS	WEAPON - BO		COMPETITION CLASS
						XTREME TRICK CLASS	
13 STRIPE WEEK #2	14 STRIPE WEEK #2	15 STRIPE WEEK #2	16 STRIPE WEEK #2	17 STRIPE WEEK #2	18 STRIPE WEEK #2	19 STRIPE WEEK #2	
CLOSED		BASICS	COMBINATIONS	SELF-DEFENSE	BLACK BELT TEST REVIEW	BASICS	SPARRING
		SPARRING	WEAPON - SAIS	WEAPON - CHUX	WEAPON - KAMAS		COMPETITION CLASS
							XTREME TRICK CLASS
20 CLOSED	21	22	23 FULL DAY CAMP	24 CLOSED (THANKSGIVING)	25 CLOSED	26 CLOSED	
		COMBINATIONS	BLACK BELT TEST REVIEW				FORMS
		SPARRING	WEAPON - BO				CONDENSED CLASSES BASIC-5:30-6:00 ELITE-6:00-6:45
27 CLOSED	28	29	30				
		SELF-DEFENSE	FORMS				BLACK BELT TEST REVIEW
		SPARRING	WEAPON - SAIS				WEAPON - CHUX
			*NOTE:RED HIGHLIGHTS INDICATE ELITE BLACK BELT PROGRAM ONLY CLASSES				